



LAVAVITAE



The (revitalizing) mix master it!

Reactivate primordial forces. Experience life intensely, take up the challenge and master it! Active people have high energy requirements. Whoever makes an effort has to recharge. Vita Intense by LavaVitae is a vital substance elixir of particularly exquisite quality. The recipe is specially designed to meet the needs of people in the 21st century and supports body and psyche. An active lifestyle requires regenerating and vitalising plant substances. However, children, sportsmen and seniors as well as people with chronic illnesses also have additional requirements, which can be met with Vita Intense in a fun and flavoursome way.



Enjoy life to the full with the right blend of plant power.

## After all, it is more enjoyable to drink delicious juice than to swallow capsules

Vita Intense is a complete supplement for adults and children. In addition, the concentration of folic acid is especially adapted to requirements during pregnancy. This product is a valuable support for people with increased physical or mental strain as well as athletes. The sweetness of agave syrup also makes Vita Intense suitable for diabetics. All ingredients come from plant sources and are therefore also suitable for people with a vegan lifestyle. The recommended daily dose is a bottle cap and contains a dense concentration of vitamins as well as a variety of exceptional secondary plant substances and antioxidants. Taking a supplement in juice form also has the advantage that the vital substances reach the blood and cells much faster than when consuming dried active ingredients. Vita Intense is therefore the ideal supplement for a healthy diet.



Vita Intense is also an ideal supplement for children and during pregnancy.

## You can't have health without antioxidants

Free radicals enter the organism through external influences such as stress, environmental toxins or medication, or are formed inside the body during various metabolic processes. These are capable of attacking every cell of the body and are therefore among the worst enemies of the body. Free radicals are jointly responsible for the development of most diseases. Antioxidative so-called secondary plant substances neutralise free radicals and thus protect the body. Damage is prevented and repair mechanisms supported. The cells remain powerful and the aging process is slowed down.

## Build-up using nutrients is the ideal supplement to regular detoxification

Vital substances help the organism in its daily removal of environmental pollutants. For example, lead is mobilised by vitamin C and can subsequently be excreted. In this way, effective binders such as Vita Pure and the nutrient concentrate Vita Intense complement and strengthen each other in their effect. In addition, lifelong detox with Vita Pure supports the absorption of micronutrients in the intestines.





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INTENSE

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Green tea was an integral part of the traditional Japanese diet and led to health and longevity.

## Chokeberry – the queen of the Alps

Living healthy and vitally – who wouldn't want that? Our grandparents already knew that the more colourful a fruit, the more active plant substances it contains. The chokeberry contains the highest concentration of red and blue plant dyes of all fruits and is therefore a true source of life-giving substances. Its polyphenols are considered to be immensely powerful antioxidants, of which it contains an unsurpassed amount compared to other berries. Furthermore, the chokeberry is a source of vitamins A, C, E, K as well as the complete group of B vitamins. As for minerals and trace elements, it can offer considerable amounts of calcium, magnesium, potassium, zinc and iron. The chokeberry forms the juice basis of Vita Intense and gives this vital substance elixir its typical orange colour. Depending on the degree of ripeness and harvest of the berries, the shade varies slightly, as is usual with a natural product.

## Aloe Vera – the mysterious desert lily

Also known as the "plant of immortality", aloe contains more than 200 proven ingredients. The real aloe is one of the oldest and meanwhile also best known medicinal plants on earth. Even though it is more reminiscent of a cactus, it belongs to the lily family and in the wild it can live for months without any water. Aloe vera is the all-rounder in naturopathy and many effects have long been scientifically confirmed, so that it should form part of any medicine cabinet. In folk medicine, its juice has always been used to relieve skin complaints as well as to harmonise the gastrointestinal tract and it is generally regarded as a rejuvenating agent.

## Green tea – the samurai's source of strength

Green tea has a cultural history spanning several thousand years. It is one of the best-examined foods of recent years. The unfermented green tea is known to be rich in vitamins, minerals

and trace elements. In contrast to black tea, green tea retains the natural leaf colouring and its flavonoids. Due to its high content of polyphenols, it has strong antioxidant properties and has anti-inflammatory effects. An excellent example of long-term health benefits of this antioxidant-rich drink are the famous centenarians on the Japanese island of Okinawa-ken.

## Vitamins give life

Vita Intense provides the body with a rich mixture of vital substances: Vitamins B2, C, E and selenium help to protect the cells from oxidative stress. Vitamins A, B6, B12, C, D3, folic acid and selenium contribute to the normal functioning of the immune system. Vitamin A, B2, niacin, biotin and selenium help maintain normal vision, skin, hair and nails. Vitamin D3 and magnesium contribute to normal muscle function and bone preservation. Vitamins B1, B2, B6, B12, C, niacin, folic acid and biotin contribute to the normal functioning of the nervous system and psyche.

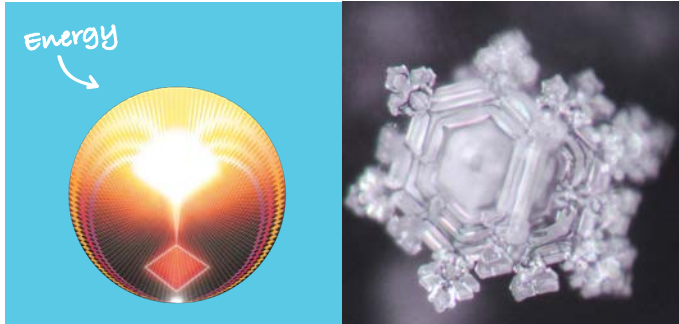
## The special product refinement of LavaVitae



In liquid form, the many active plant substances are more readily bioavailable.

Despite careful and gentle processing, the original vibration of the selected raw materials also inevitably changes during the manufacture of natural products. LavaVitae therefore activates all products with a special natural resonance method, restoring their original vibrational force. As a result, the ingredients are more bioavailable and the organism also benefits from an extraordinary subtle effect.

Dr Masaru Emoto is the world's most renowned water researcher. LavaVitae has commissioned his Hado Life Europe Institute to examine all products using his special method of water crystal photography. The result indeed shows beautifully shaped and regular crystal images.



The refining process of LavaVitae restores the raw materials in the products to their original vibrational power. Dr Masaru Emoto is the world's most renowned water researcher. LavaVitae has commissioned his Hado Life Europe Institute to examine all products using his special method of water crystal photography.

## Optimised protective packaging

A pack of Vita Intense contains two glass bottles each containing 500 ml of vital substance elixir and a measuring cup in a high-quality, shock-resistant outer box. The dark coloured glass and the hygienic screw cap protect the contents from light- and air-induced oxidation and thus maintain the reactivity of the valuable ingredients. In addition, by dividing the monthly ration into two glass bottles, the individual bottles can be opened separately and thus close to the time of consumption. This helps to protect the ingredients from unwanted oxidation and makes it easier to take Vita Intense with you on trips and excursions. Please keep Vita Intense in the fridge after opening.

## Recommended dose:

Take 33 ml once daily using the enclosed measuring cup, preferably before a meal. At times of special stress, the daily dose can be individually increased. Vita Intense is also offered as a sachet and can be easily carried in your handbag, jacket or pocket. Simply tear open and enjoy the tasty vitamin elixir.

## As natural as possible

The main components of Vita Intense are of biological origin and the preservation is almost exclusively based on natural ingredients. The product contains neither lactose, soy products or gluten, nor flavour enhancers or artificial colourings.

## Ingredients

Aqua, Organic Agave Syrup\*, Organic Aronia Juice\* (6%) made from concentrate, L-Ascorbic Acid, Organic Lime Juice\* made from concentrate, Acidifier: Malic Acid, Natural Aromas, Magnesium Salts of Citric Acid, Thickener: Xanthan Gum, Preservative: Potassium Sorbate, Nicotinamide, Calcium-D-Pantothenate, DLAlpha-Tocopheryl Acetate, Organic Aloe Vera Extract\* (0.05%), Pyridoxin Hydrochloride, Green Tea Extract\* (0.02%), Thiamin Hydrochloride, Riboflavin, Retinyl Acetate, Pteroylmonoglutamic Acid (Folic Acid), D-Biotin, Sodium Selenite, Cyanocobalamin, Menaquinone, Cholecalciferol.

\*certified organic

NUTRITIONAL VALUES	PER DAILY DOSE 33 ml	PER 100 ml
Energy	112 kJ / 26 kcal	340 kJ / 80 kcal
Fat	< 0,5 g	< 0,5 g
of which saturated fatty acids	< 0,1 g	0,1 g
Carbohydrates	5,8 g	18 g
of which sugar	5,5 g	17 g
Fibre	< 0,5 g	< 0,5 g
Protein	< 0,5 g	< 0,5 g
Salt	< 0,01 g	< 0,01 g

NUTRIENTS (vitamins and minerals)	PER DAILY DOSE 33 ml	% NRV*
Vitamin A	750,0 µg	94 %
Vitamin B1	1,5 mg	136 %
Vitamin B2	1,7 mg	121 %
Niacin	17,0 mg	106 %
Pantothenic acid	10,0 mg	167 %
Vitamin B6	4,2 mg	300 %
Biotin	150,0 µg	300 %
Folic acid	400,0 µg	200 %
Vitamin B12	7,5 µg	300 %
Vitamin C	180,0 mg	225 %
Vitamin D3	20,0 µg	400 %
Vitamin E	15,0 mg	125 %
Vitamin K2	75,0 µg	100%
Magnesium	62,5 mg	17 %
Selenium	25,0 µg	45 %

OTHER INGREDIENTS	PER DAILY DOSE 33 ml
Organic Aronia juice	1.980,0 mg
Organic Aloe Vera extract	17,5 mg
Green Tea extract	6,9 mg

\*Percentage of nutrient reference value (NRV) according to EU regulation 1169/2011

Contents: 2x 500 ml or 25 Sachets à 33ml